

PALLIATIVE CARE
GUIDELINES
FOR A HOME SETTING IN INDIA

ABBREVIATIONS

SHORT FORM	LONG FORM
ACEI	Angiotensin-converting enzyme inhibitor
Ach	Acetylcholine
am	Morning
BA	Behavioural activation
bd	Twice daily
BMI	Body mass index
BP	Blood pressure
CAUTI	Catheter associated urinary tract infection
CBT	Cognitive behavioural therapy
C2	2nd Cervical vertebra
CCF	Congestive cardiac failure
CIC	Clean intermittent catheterisation
CKD	Chronic kidney disease
CNS	Central nervous system

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COPD	Chronic obstructive pulmonary disease
CRP	C-reactive protein
CSCI	Continuous subcutaneous infusion
CT	Computed tomography
CTZ	Chemoreceptor trigger zone
CVA	Cerebrovascular accident
D2	Dopaminergic 2 receptor
DIC	Disseminated intravascular coagulopathy
DLT	Decongestive lymphatic therapy
eGFR	Estimated glomerular filtration rate
ENT	Ear, nose, and throat
ESR	Erythrocyte sedimentation rate
ESRD	End stage renal disease
FP	Family physician
G	Gauge
GABA	Gamma-aminobutyric acid

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GERD	Gastroesophageal reflux disease
GI	Gastrointestinal
GOO	Gastric outlet obstruction
GP	General practitioner
HCl	Hydrochloride
HIV	human immunodeficiency virus
hsod	once daily at bedtime
H1	Histamine 1 receptor
HT3	Hydroxytryptophan 3 receptor
IASP	International Association for the Study of Pain
ICP	Intracranial pressure
IM	Intramuscular
IPT	Interpersonal therapy
INR	international normalized ratio
IV	Intravenous

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L	Litre
LFT	Liver function test
MAO	Monoamine oxidase inhibitor
MBO	Malignant bowel obstruction
mcg	Microgram
mg	Milligram
mL	Milliliter
MLD	Manual lymphatic drainage
MRI	Magnetic resonance imaging
MSCC	Malignant spinal cord compression
m/r	Modified release
m/v	mass per volume
NG	Nasogastric
NJ	Nasojejunal
NMDA	N-methyl D-aspartate
NPRS	Numeric Pain Rating Scale

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NSAID	Non-steroidal anti-inflammatory drug
OD	Once daily
ORS	Oral rehydratrimon solution
pm	Evening
q1h	Every hour
q2h	Every 2 hours
q4h	Every 4 hours
q6h	Every 6 hours
q8h	Every 8 hours
q12h	Every 12 hours
PA	Posteroanterior
PEG	Percutaneous endoscopic gastrostomy
PEJ	Percutaneous endoscopic jejunostomy
pH	Potential Hydrogen - scale of acidty/alkalinity
PO	Per oral

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PPI	Proton pump Inhibitor
PR	Per rectum
PRN	Whenever necessary/as needed
qid	Four times daily
QOL	Quality of life
RASS	Richmond Agitation-Sedation Scale
RIG	Radiologically inserted gastrostomy
RT	Radiotherapy
SC	Subcutaneous
STPT	short-term psychodynamic therapy
SL	Sublingual
SSRI	Selective Serotonin Reuptake Inhibitor
SVC	Superior Vena Cava
TCA	Tricyclic antidepressant
TD	Transdermal
TDS	ter in die (three times a day)

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TENS	Transcutaneous electrical nerve stimulation
tid	Three times daily
TSH	Thyroid-Stimulating Hormone
UVB	Ultraviolet B rays
VAS	Visual analogue scale
WFI	Water for injection
WHO	World Health Organization